



Please review page two for rules, regulations and daily routine. Applicants should be prepared to follow all regulations of the DBP Junior Lifeguard Program.

Participant Information

Full Name:		Nickname/Alias:	
Age:	DOB:	Gender:	
Residence Address (Street):			
Residence Address (City):		Residence Address (State):	Zip:
Primary Phone:	Secondary Phone:	Email Address:	
Guardian Full Name:			
Emergency Contact 1:		Relation:	Phone:
Emergency Contact 2:		Relation:	Phone:
Explain any physical or mental disabilities that would inhibit applicant from participating fully in the program or require special accommodations:			
Provide any dates that applicant may not be able to attend the program:			
Select applicable fee (complete one application per child):			
First Child \$75		Additional Sibling \$50	
The Dewey Beach Patrol may take photos or video throughout the Junior Lifeguard Program for use on social media or other educational or marketing materials. Please indicate if you consent to your child's likeness being used in such materials.			
Yes		No	
I understand there are risks of physical injury in participating in sports and recreational activities or programs. By signing this registration form, I hereby release the Dewey Beach Patrol, the Town of Dewey Beach, and its designees from any and all liability from my child participating in the Dewey Beach Patrol Junior Lifeguarding Program.			
Participant Signature: _____			Date: _____
Parent/Guardian Signature: _____			Date: _____



DBP Junior Lifeguard Program

Rules & Regulations

- Check in with the group leader as soon as you arrive and place your gear in the designated area.
- Do not leave assigned areas without telling your group leader.
- Wear your uniform shirt for identification.
- All personal gear should be clearly marked with your name.
- Bring a towel, appropriate sun protection, and proper clothing daily.
- Display courtesy, respect, and good sportsmanship to instructors and fellow guards at all times.
- Use caution and good sense in handling equipment.
- Assist in setting up and cleaning up of instructional equipment and area.
- Abusive language, profanity, stealing or horseplay will not be tolerated.
- Obey all beach and water safety rules.

Daily Routine

In the event of inclement weather, a limited program will be run

- Junior Guards meet in assigned area and roll call is taken.
- Announcements and distribution of written materials.
- Lecture and discussion of water/beach safety subject of the day.
- Stretching and warm up activities (distance run).
- Demonstration and lecture on beach activity or lifeguard skill of the day.
- Instruction and practice of skills learned.
- Free swim, bodyboard or other activity.
- Check area for any lost items and return equipment.

Swimmers Responsibility Code

This is only a partial list of safety precautions

- Learn to swim.
- Never swim alone. Swim near a lifeguard.
- Check with the lifeguard on water conditions.
- Learn and obey the rules of your swimming area.
- Report any dangerous situations to the lifeguards or management.
- Check the depth of underwater surface by jumping, not diving head first.
- If you are in trouble, call or wave for help!